


Our mission is to "give back to the community, care for the elders and children, promote mutual help, and create commonwealth".

We believe that everyone is a part of society. Some of them are still too young to be self-reliant, and some of them are already old, but all of them will contribute or have contributed to the community. We hope to unite all sectors of society to give back to the community in different ways, and to promote the spirit of mutual help through such care and concern, so that the community can work together to create a harmonious and inclusive society.





## Greetings From Legan Foundation

The summer was in full swing, and it was a time of great vitality. After the fifth wave of epidemic eased in Hong Kong, most of Legan Foundation's sponsored activities returned to the track gradually.

We noticed that in addition to the emotional needs of elderly people mentioned in our last quarterly newsletter, children and teenagers around us are also in need of care. Children and teenagers are supposed to be energetic, however, many changes have happened as a result of new things and new phenomena in the rapid development of society, children and teenagers become vulnerable to the changes. Still in a process of growth and development, they are relatively vulnerable physically and mentally, and easily feel anxious or fearful about changes around them. Legan Foundation has recently allocated additional resources to support them on their journey of growth and let them know they are not alone.

# Highlights of Activities in April-June 2022:

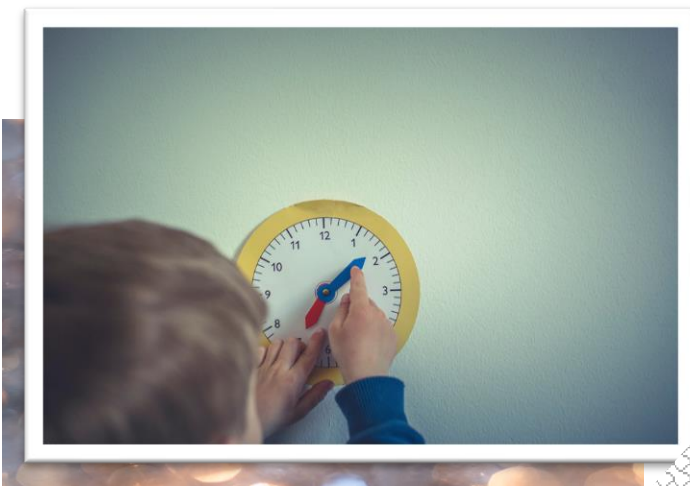
## **Subsidized Professional Assessment and Assistance for Children from Low-Income Families**

Legan Foundation has been receiving referrals from social welfare organizations. After assessment, the Foundation subsidizes children from low-income families to alleviate their burden of learning.

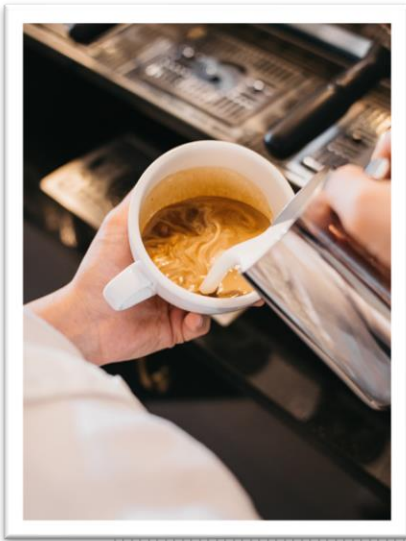
In addition, some children with suspected dyslexia or autism or Special Educational Needs (SEN) currently on the waiting list for Child Assessment Service of the Department of Health need to wait for one to two years on average. As a result, without timely assessment services, subsequent referrals and treatments are postponed.

In order not to delay the treatment of the children, Legan Foundation decided to subsidize certain children on the waiting list who are in urgent situations to undergo assessment in private professional organizations. The subsidy is based on the referrals of social welfare organizations, and thus enables the children to save waiting time and to gain early support.

In addition to funding the assessment for suspected SEN children, we also notice that many children and teenagers suffer from skin problems. After clinical observation, some skin problems are found to be caused by psychological factors, such as pressures from social life, family expectations, study, etc. Therefore, Legan Foundation subsidized their treatment costs and enabled them to receive help from psychologists to physicians, including treatment of scars on their bodies caused by skin problems. It is hoped that in the process of treatment, they can re-gain confidence in their future and themselves and grow up healthily.



## International Barista Certificate Course by The Christian New Being Fellowship



The Christian New Being Fellowship has been helping former young male drug abusers who are willing to rehabilitate themselves, hoping to rebuild their life habits in different ways, and to help them enhance self-worth. For example, the Fellowship offers different kinds of courses in vocational training, helping participants to build up self-confidence and to set life goals.

Legan Foundation offered selected members of the Fellowship opportunities to participate in the International Barista Certificate Course with half subsidies. Although the course was postponed in the beginning of this year due to the epidemic, the students were still highly motivated to learn and successfully completed the course in the middle of the year. The second session of the course will start soon and hope all participants will continue to work hard!

## "Adventure and Growth Journey for Youth" Appreciation Ceremony

The fourth session of Adventure and Growth Journey for Youth targeting SEN teenagers came to an end! We are grateful to the meaningful activities organized by Love V Act, such as outdoor orienteering, which increased the teenagers' curiosity about different things and enhanced their teamwork spirit.

In the adventure, teenagers of various personalities learned to help each other in group activities. When encountering difficulties, they had to learn to tolerate and make up for each other's shortcomings in order to complete the adventure together.

The appreciation ceremony was held at the end of the fourth session. In addition to reviewing interesting moments of the event, the participants were also awarded certificates. We sincerely hope that the youngsters will face difficulties in life more positively after the training and give full play to the courage they have learned from mentors!



## Subsidy of Rapid Antigen Test Kit

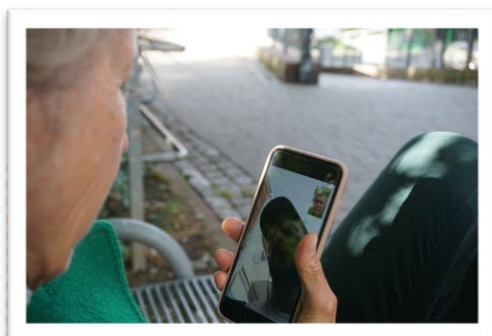
Elementary schools in Hong Kong resumed face-to-face classes on April 19. At the request of the Education Bureau, students were required to complete rapid antigen test every school day and obtain a negative test result before returning to school.

This new arrangement for school resumption turned out to be an additional burden for the low-income families. Many single mothers living in Sham Shui Po were at a loss. In view of this, Legan Foundation donated 2,000 rapid antigen test kits through Sham Shui Po Social Development Practice and Research Centre. The kits were delivered to these single mothers within a short period of time and solved their urgent needs.



## Donation of Smartphone

During the fifth wave of epidemic in Hong Kong, there were many elderly people isolated from their families, and many of them were emotionally distressed while living alone.



In cooperation with the People Service Centre, Legan Foundation donated 100 smartphones to the elderly in need. The Centre also showed the elderly people how to use smartphones so that they can learn new things and video chat with their families whenever they need to, keeping in touch with the community and other people.

## Mutual Aid Committee of Fu Tai Estate - Kwan Tai House at Tuen Mun Joined Legan Foundation's Scheme of Good Appetite Is A Blessing

Since December 2021, Mutual Aid Committee ("MAC") of Fu Tai Estate - Kwan Tai House at Tuen Mun has been arranging volunteers to pick up environmentally friendly take-out lunch boxes from restaurants every weekend and delivered to the homes of elderly people with mobility problems.

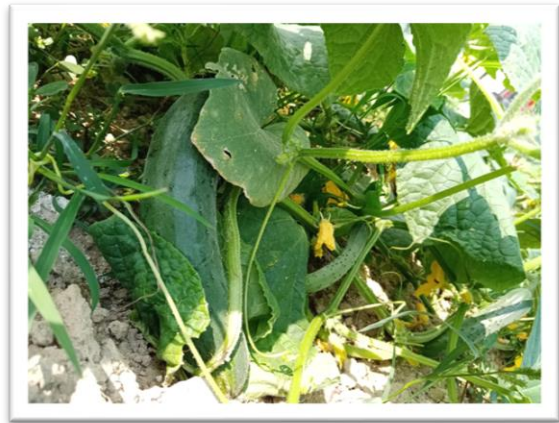
In the past six months, when Hong Kong experienced the fifth wave of epidemic, the home delivery service of lunch boxes was suspended for a period of time due to safety concerns. During the tough times, a group of volunteers worked tirelessly to purchase bread, biscuits, cereals and other simple food for the elders, hoping to meet the basic needs while keeping social distancing.

After several months of anxiety, the epidemic finally eased, but many elderly people had been trapped in their homes for a long time and have become mentally disturbed. Therefore, in order to encourage them to regain their social life and communicate with others, Legan Foundation cooperated with the MAC to expand the Good Appetite is a Blessing Scheme. Fu Tai Estate, Po Tin Estate and Kin Sang Estate were invited to join the Scheme and were offered food vouchers. We also encouraged the elders with financial difficulties to visit restaurants with our vouchers, so that they can enjoy fresh meals while meeting friends in the community in a way to promoting physical and mental health.



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## Free Vegetables from Organic Farmland



In the beginning of this year, the Organic Farmland of Legan Foundation had a harvest of lettuce, and sent more than 90 baskets of organic vegetables to grassroots families in different areas.

As summer began, the Organic Farmland welcomed the season of melons. From April to May this year, our Organic Farmland grew fresh cucumbers and continued to deliver vegetables to various organizations in need. This time, the cucumbers (about 15 baskets in total) were delivered to three organizations, namely, CNEC Elderly Center at Shin Nga House, Fu Shin Tsuen, Caritas Integrated Service for Young People, and Christian Family Services Centre, True Light Villa District Elderly Community Centre. We will continue to deliver different fresh vegetables to the community in need.



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## Other Campaign Highlights:

In addition to activities mentioned above, Legan Foundation is also working on other campaigns, including:

Good Appetite is a Blessing

Sponsorship for Students from Low Income Families

Digital Literacy Empowerment Scheme for Children

Student Sponsorship Scheme with LCRA – Love and Care Running Association

Coffee Tree Youth Mental Health Enhancement Scheme

If you are interested in learning more about the establishment and development of Legan Foundation or would like to know more about our schemes, please contact us or visit our website:



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