

Our mission is to "give back to the community, care for the elders and children, promote mutual help, and create commonwealth".

We believe that everyone is a part of society. Some of them are still too young to be self-reliant, and some of them are already old, but all of them will contribute or have contributed to the community. We hope to unite all sectors of society to give back to the community in different ways, and to promote the spirit of mutual help through such care and concern, so that the community can work together to create a harmonious and inclusive society.

Greetings From Legan Foundation

As the summer vacation came to an end, everything was steadily getting back on track, with students preparing for a new school year in September and the general public celebrating the Mid-Autumn Festival. This year's Mid-Autumn Festival was a relaxing time to sit down and enjoy a meal with family members, compared with the harsh conditions during the Chinese New Year earlier in the year.

It has been almost three years since the outbreak of the epidemic. Although it has brought us suffering and inconvenience, the epidemic has reminded us that many things should not be taken for granted, such as having a family dinner at Chinese New Year, visiting the elderly, and going out with family members. It also reminded us of the importance of companionship and the difference between meeting people face to face and greeting each other in video chats. We will treasure the opportunity to meet our families and friends in the future.

Legan Foundation hopes to continue to accompany the communities in need along their future journey, providing more opportunities for communication and mutual support.



Highlights of Activities in July-September 2022:

LCRA – Love and Care Running Association

Legan Foundation has been providing ongoing subsidies to Love and Care Running Association (LCRA) for trainees with potential but limited financial resources. We hope to subsidize some of their necessary expenses such as transportation, meals, running equipment, sports supplements, etc. during their training. Since July, this project has been fully funded by OneAsia Network Limited, and we would like to thank OneAsia for their support!

In the past few years, many overseas training and competitions had to be postponed due to the epidemic. Although the trainees were not able to gain additional overseas experience, they took an active part in various local competitions. We can also see their names on the winners' list! We are proud of them, who always work hard and never change their determination to keep moving forward despite of changes in plans.

In the Hong Kong Trail Championship 2022 held in Tai Mei Tuk, Tai Po this September, our sponsored trainee Yeung Hoi Chun won the second place in the 19km men category, congratulations! Apart from long distance running, Hoi Chun participates in stair running tournaments around the world. Let's look forward to his great performance in future sports events!



Another trainee, Chong Si Yeung, participated in the men's 10,000m and the men's 1,500m categories in Hong Kong Athletics Championships 2022, winning the first and third place respectively, which was indeed impressive!

In the men's 3,000m (steeplechase) category, Yeung Chun Ho and Lo Ho Kwan won gold and silver medals respectively, congratulations! We hope all the runners can keep on their excellent work and we will continue to cheer for them!



Mid-Autumn Grab Bags



Every year, Legan Foundation gives out grab bags to different organizations during the Mid-Autumn Festival, hoping to deliver our goodwill to the communities and wishing them a warm festival.

We can still recall the time when the epidemic was so severe that the elderly people were isolated from their families and could only meet them through video calls. Regular activities in elderly homes had to be suspended; the elderly suffered from emotional problems caused by excessive anxiety and lack of social interaction; and the rising cost of goods made it more difficult for low-income families to buy the necessities of life.

In view of this, during the Mid-Autumn Festival this year, Legan Foundation provided the elderly and low-income families with grab bags of daily necessities, including rice, noodles and seasonal fruits like apples and pears. It was a simple and sincere blessing for them, hoping to alleviate their pressure and improve their well-being.

Digital Literacy Empowerment Scheme



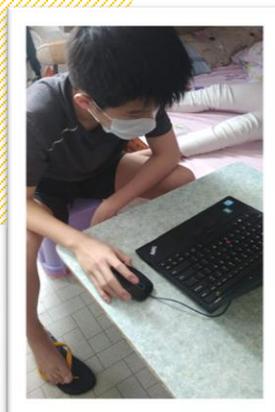
Legan Foundation's Digital Literacy Empowerment Scheme has been helping disadvantaged students in all aspects, from technical support, education, hardware donations, and home facility upgrades, etc.

During the year, The Boys' and Girls' Clubs Association provided electronic technology support to approximately 577 families, including online and on-site support. During the epidemic, schools switched to online classes from time to time, and many students had to continue their lessons at home, with electronic devices being one of their primary learning equipment. The Digital Literacy Empowerment Scheme provides both on-site and online support, allowing flexibility to address different issues for students with technical issues.

The promotion of STEM education is in line with the global trend of education as diversified learning approaches can nurture students' interest in technology. Therefore, the Association provided interesting coding courses, using programming to create building blocks, in which students can develop computational thinking and improve their concentration skills.

In addition, the donation of hardware is also an important part of the scheme. One of the purposes of Legan Foundation's Digital Literacy Empowerment Scheme is to help children who study at home by donating second-hand computers and data cards. In addition, we assess the conditions of families in need and provide them with simple furniture so that they can study comfortably at home.

Digital Literacy Empowerment Scheme is still ongoing and will look for different ways to reach out to more families and students in need in the coming year.



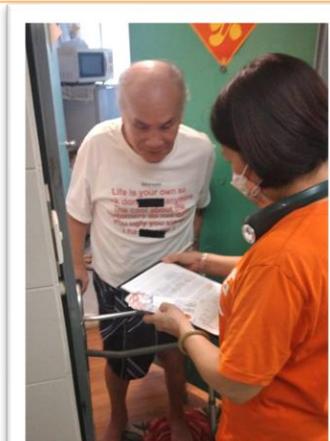
Good Appetite Is A Blessing Scheme

Starting from December 2014, the Good Appetite Is A Blessing Scheme cooperates with various district centers to provides vouchers to the elderly in need, especially those living alone and single-parent families with financial difficulties. The vouchers are intended to encourage them to go out and enjoy food at designated restaurants under this scheme.

The project also hopes to support small and medium-sized restaurants in each district by working with them and appointing them as designated restaurants under the scheme. This will also create inclusive communities and increase interaction between people in the district.

So far, more than 40 restaurants have joined the Good Appetite Is A Blessing Scheme, located in Kowloon City, Kwun Tong, Wong Tai Sin, Sham Shui Po, Yau Tsim Mong, Tai Po, Tsuen Wan and Tuen Mun districts. We are now approaching more organizations and more districts, hoping that more restaurants will join the scheme, so that the voucher recipients can have more choices in the districts and enjoy diversified fresh meals with limited living resources.

Through this scheme, we would like to attach more meanings to meals. It is not only about food, but also about comfort and warmth through the food. We encourage people to eat out and interact with neighbors, which is an opportunity for them to increase mutual care, respect and understanding. We would like to thank the following designated restaurants for their participation and goodwill.



Designated Restaurants in Good Appetite Is A Blessing Scheme (in no particular order)

Restaurant Name	
<u>Kowloon City District</u>	<u>Shun Shui Po & Yau Tsim Mong District</u>
Shan Dimsum	Thai Ki Lung
Guangdong Dim Sum	Lam Hing Restaurant
Toi Man (Ho Man Tin) Ltd. Co.	
Sea Horse Fast Food	<u>Tai Po District</u>
Pride Kitchen	Yan Wo Tong
Hei Kee Restaurant	Simple Kitchen
Yuen Long Bistro	CCK Kitchen
Number Nine Restaurant	Wah Fai Restaurant and Cake Shop
	Ah Sem
<u>Kwun Tong District</u>	Chi Wah Yuen Fast Food Restaurant
Ka Lok Restaurant	Tim Yin Mak Yue
Shun Fung Restaurant	
Man Shun Restaurant	<u>Tsuen Wan District</u>
Tsui Yuen Restaurant	Tak Fat Food Company
Manna Restaurant	Guai Heung Siu Mei Restaurant
Chuen Fook Tong	Sun Shing Noodles
Wing Fat Cart Noodles	
Wo Ping Food	<u>Tuen Mun District</u>
Tak Fat Noodle	Fairwood (Fu Tai Estate, Po Tin Estate, Kin Sang Estate)
Tin Shing Cafe	
Kam Tai Pan	<u>Wong Tai Sin District</u>
Enrich Dragon	Kam Ming Chaozhou Noodles
Ying Sing Food Restaurant	Chuk Yuen Cafe
Tak Lee Food	Kam Tai Pan
Kan Mun Sin Siu Mei	Wo Mei Ka
Chong Wing Restaurant	Sour & Spicy Noodle

Other Campaign Highlights:

In addition to activities mentioned above, Legan Foundation is also working on other campaigns, including:

Subsidy for International Barista Certificate Course by The Christian New Being Fellowship

Twinklestars

Coffee Tree Youth Mental Health Enhancement Scheme

Free Vegetables from Organic Farmland

Sponsorship for Students from Low Income Families

If you are interested in learning more about the establishment and development of Legan Foundation or would like to know more about our schemes, please contact us or visit our website:



<http://www.leganfoundation.com>



2993-5816



info@leganfoundation.com